

Treasures of Solitude

We all love treasures, especially the hidden treasures created just for us. Perhaps you may not have realized what a treasure that solitude is. Solitude is not necessarily silent, nor is it being lonely. It is actually a place that exists both in the physical and in the mind.

In solitude we find peace of mind. It is the place where we clear our thoughts, find God's purpose and will for our life, get direction, or simply rest our frazzled mind from the cares of life. In essence, it is our happy place where our soul meets with God in a simplistic and loving way. There are no exceptions for anyone to need this place. Without it, we get loaded down with the cares of life and find ourselves being short-tempered and worries overwhelm us. Too often people have tried to find alternate ways of dealing with stress, but the end results are never as favorable as finding that place in God where you can release your worries, anguish, hurts, disappointments, or cares of life. Yes indeed, we all need a time of complete solitude.

When I read the Bible, I see how God wants us to come to Him and rest. Jesus said, "Take my yoke upon you, learn from me, for I am gentle and humble in heart, and you will find rest" (Matthew 11:29). To us it makes no sense that a being yoked would bring rest. But when we are yoked, we do what the other person does. Because Jesus is humble and has a gentle spirit, when we walk with Him, He imparts that spirit of rest upon us because everything that He does is from that place of rest.

I see how Elijah sat beside the brook in a place of solitude and there was rest for his soul. Furthermore, a power came through him because He chose to remain in solitude until God empowered him to walk in his next assignment. David stayed in solitude with God and learned how to release his cares long before he inherited the throne of Israel. This solitude place was necessary to prepare him to lead God's people. He learned how to lean on God and be at peace until his time came to rule. There are many things learned in the place of solitude, and many hidden treasures of God are revealed that are irreplaceable. Like Elijah and David, we too are to experience this place—Jesus welcomes us into His space and into His realms until we learn how to navigate through the landmines of the world, the pitfalls of Satan, and how to remain at peace regardless of any crises or situations.

Dear Jesus,

Many people are troubled in their souls and seem to find no rest or comfort. Unfortunately, so many have thought that they had to always be busy and active to be accepted by you. But I know that your greatest desire is that they would join you in the secret place, in the quiet place, in the solitude of it just being you and them—no one else or nothing more in this place. Jesus, I pray that they realize how much you want their private presence so that you may teach them one-on-one and shower your love upon them. You want to reveal hidden riches that will cause them to be joyful—even in the toughest of times.

Jesus, give them an understanding of your jealous love over them. May they feel you and experience you in a way they have never known! Even though so many have been worried and frustrated, I pray that they will learn to enter into your secret place of rest until they feel you imparting treasures of joy, peace, and more. You, you are the rest for their weary soul, so let them feel you in every cell of their body. May they rest in solitude with you until the many hidden treasures of solitude become a reality. Yes, and Amen!

I will give you the treasures of darkness, and the hidden riches of secret places, so that you may know that it is I, The LORD, the God of Israel, who calls you by your name.
Isaiah 45:3

But Jesus Himself would often slip away to the wilderness and pray in seclusion.
Luke 5:16

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