

Sorrows into Joy

This life is filled with sorrows and sadness. Job said that a man born of a woman has few days with many troubles. Even Jeremiah noted, “My joy is gone; grief is upon me; my heart is sick within me” (Jeremiah 8:18). I am quite sure that you have felt this way many times. However, before you throw in the towel, know that God has counted your sorrowful days and has a plan to turn it into joy.

King David had many problems! Many! But yet he was fully convinced that God would somehow bring joy, and he stated, “...Weeping may endure for the night, but joy comes with the morning” (Psalm 30:5). David also reminded himself that, “Those who sow in tears shall reap with shouts of joy! (Psalm 126:5) So if you have felt alone and sorrowful beyond measure, know that God is about to deliver you from that pit. David said in Psalm 105:43, “So he brought his people out with joy, his chosen ones with singing.” So, I declare to you that you *are* His chosen! He *will* bring you out with joy. There is absolutely no way that your sorrow can remain because God chooses to step into your situations!

Know this, that Jesus came to bear your sorrows. Isaiah said that Jesus was “a man of sorrows, and acquainted with grief... Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted” (Isaiah 53:3-4). Jesus did it for you! You were His reason for enduring sorrow, grief, and affliction so there could be an end to it. He was the only one who could make a way of escape for you to experience His joy!

I tell you that it is high time for you to declare as David did, “You have turned for me my mourning into dancing; you have loosed my sackcloth and clothed me with gladness, that my glory may sing your praise and not be silent. O LORD my God, I will give thanks to you forever! (Psalm 30:11-12). Just because you have been in the dark for a while, does not mean that you will stay there. You will be delivered from the dark recesses of grief and sorrow simply because Jesus has a plan to reveal Himself to you. You will be able to declare Proverbs 10:22, “The blessing of the LORD makes rich, and he adds no sorrow with it.” You will not stay in this place of sorrow. You will once again be able to laugh, to dance, and enjoy life again. Jesus promises to turn our sorrows into joy, and our mourning into dancing – and it is so! Therefore, I am now declaring this over you in prayer!

Dear Jesus,

You have done so much for them! You have been stricken, beaten, and afflicted beyond measure. You died yet rose again to give them a new life. One that is full of joy and blessings—not full of grief and sorrows. Jesus, I believe that you are saturating their hearts right now with a fullness of joy that they cannot explain nor comprehend. You love them so much and were with them when they felt sorrow. They have wondered why they had to experience disparity and opposition when they were just trying to live a good life. They wondered why they were rejected for no reason—but Jesus, you were rejected for them, so I ask that you remove that spirit of rejection. You have not and will not falsely judge them but accept them just as they are. You have never forsaken them but do desire for them to be delivered from these bondages. Right now, Jesus I declare an arrest of their feelings of unworthiness to receive your joy.

Now Jesus, I know that your love for them is saturating their souls with light, love, joy, and peace. May they no longer be captive in thinking that you do not care. You do care! And you love them immensely! I ask that you take them from sorrows to a place of joy. A place that is unmatched by anything they have ever known simply because you delight to do so. From this day forward I believe that their life is shifting into a glorious array of your divine joy and immense love. Hallelujah and Amen!

(Jeremiah 31:13) ... I will turn their mourning into joy; I will comfort them, and give them gladness for sorrow.

(1 John 1:4) And these things we write to you, that you may rejoice and your joy may be full.

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