

Trust is a Beautiful Thing

Has anyone ever broken your trust? I am sure that they have. The devil wants to make sure that our trust is broken early in life since it creates a relationship with God. Trust allows us to experience the beauty of all God has for us; it brings health, life, and being whole. God's plan is for us to learn trust through the people in our life. But when they fail us, or continually not there for us, our heart gets broken and it eats away our trust. If our trust is shattered, we learn to trust only in ourselves. Since trust is also a support structure, without it we will struggle to withstand the pressures of life. If we totally trust only in ourselves, we usually get exhausted. We may even stop trusting in ourselves, our decisions, or in believing who we are, which leaves us feeling angry, frustrated, and alone. Because of the pain of brokenness, our hearts start numbing itself to no longer trust in God.

But God sees it all. He understands it all. He knows why we say we cannot trust Him, don't believe in Him, or He doesn't care about me. He hears our heart say, "Well God wasn't there for me when I needed Him the most, so why should I trust Him?" but God is not intimidated, and He doesn't back away. He knows we are broken, angry, and full of distrust. Yet He still hangs around until we figure it out that He wasn't the one that broke us. In a quick moment He is ready to help us. In fact, God often invades our space to let us know that He is still here.

Trust is a beautiful thing. We all have a need to trust God. It is the only way to find life's greatest joys and fulfillment; and without it, life's ugliness leaves us frustrated. We all want to experience that beautiful thing and yet we feel that it is unreachable. So let me help you. I have discovered that self-reasoning doesn't help me trust, and neither when I focus on those who let me down. All my wanting to know "why" doesn't help either; it only brings a never-ending story of the "What if's". The truth is that people are going to let us down, but God is not the culprit. So, I've had to tell myself to stop the self-reasoning, don't keep focusing on their deeds, and to lose the "why" question because God's ways are not my ways. So, I must choose to trust when it makes no sense because God's plans are always better than mine.

I've learned that trusting in my own strength, or only in the answers I create, doesn't work either because I will fail myself. Instead of trusting, I've wanted the answers, to figure out where I'm missing it, why I'm not being fulfilled in life, and why I can't see the full picture. But I've come to realize that in this life, there is always a missing piece and things I cannot see so I simply must trust God. I've wondered am I doing the right thing, where am I going, or what direction to take, and yet feeling like whatever decision I make will be the wrong one. Like you, I wanted everything to be perfect, but at the end of the day, all I really needed was to trust Him.

You may hear people say, "You gotta walk by faith!", but you don't know how to do it. You must realize that faith and trust are companions. When we walk by faith, we are choosing to trust God to lead and guide us through the darkest places where we cannot see. Here are a few keys that may help you. 1) Tell yourself that you are here by God's design, resolve that He has a plan, and He knows what He is doing. 2) Lose your "how" question. How God does things is not like your reasoning or intellect. He knows how to do anything. 3) Focus on God and the good things. No one has only bad things happening in their life. Confess your trust. 4) Recognize what is in your ability to do and what is God's. If you cannot do it, then relax and let God do it. Just giving yourself permission to trust again is a great beginning. And as you learn to trust God, He will do the beautiful thing.

Dear Jesus!

I pray that they will learn to trust again. I pray that they learn who you are and how you want so much more for them. You have a glorious plan for their lives— even more than they know is possible. You know they have been broken and you know how the devil used their closet relationships to break their trust. I ask that they forgive those who broke them because they were being used for evil purposes. Jesus, before they were born, you knew them. You love them no matter what their feelings are, and you can change their sadness and their ugliness of distrust. You want them to experience the beauty of trust. You want them to feel loved, accepted – and yes even honored. You will bountifully bless them.

So, help them to believe in you again. They are struggling, but I'm sure you are here to help them. Let them know that they are important to you, and that you care for them when no one else truly sees the valuable person they are. Fill them with a hope and an expectation that their days will be better than ever before. I know that they belong to you, and they are your treasures. May their days of distrust be gone forever, and they will experience the life of beauty that you intended for them all along. I bless them in the mighty name of Jesus!
Amen!

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