

Power to Get Up

We are gifted but we don't know it. We have supernatural power through Christ, but the enemy tries to keep us unaware of it. If we find out, he bullies us into not using it. He also threatens us if we tell others that they are gifted.

Part of his plan is to keep our hurts going on so that he can keep us dependent on others to lift us up instead of using our power to get up. When we get hurt, we grieve. It's ok to grieve. Grieving is natural for humans and we should allow ourselves permission to grieve for a season. There are many reasons why we hurt. Offenses can be a reason and it's hard to get over it since you've been wronged. But choosing to forgive is a must. Even then you must process the emotional and psychological effects of the hurt.

In reality, people will abandon us, reject us, mishandle us, slander our name, and more. The enemy targets us before we are born to stop God's plan for us. If he can pile on enough hurts, regrets, sadness, depressions, and more, then we'll get stuck in the emotions of the past. We can't see the day we're in, the joys it holds, and the potential victory that lays within. We're so full of hurt that we miss the gift of the day and to accomplish the great things meant for that day.

Since faith is always now, our enemy doesn't want us to live in the now, in the present day. But we must realize that God Himself is a faith God. That's the way He lives. That's who He is. We are created in His image to walk in faith like Him. But those hurts will keep on dragging us back into our past to keep us in emotional bondage so long until we can't see where we are or where we're going. Because of this, we don't live in the now because in our minds we keep trying to correct the past – but we cannot. It's history. But mentally we keep trying to bring it into the now to fix it. That's not faith. What's in the past, must remain in the past.

Those who have hurt you or wronged you truly didn't know who you were. They couldn't see the gem that you are. You had much to offer them but in their ignorance, hard-heartedness, or unbelief, they missed out on the joys that they could've had. You may not have done everything right but your motives were right – and that's what God sees and honors.

God alone can reach into your past and make it to be as though it had never happened. You can't. So stop trying to fix it or you will continue to grieve for what you cannot correct. It's called unfinished business. Let God finish the business. You just forgive them since they didn't know what they were doing. Surrender the negative emotions to God since you can't do anything with them anyway.

Releasing your past is your victory and is where your healing of hurts lay. Be kind to yourself – even if you feel shameful or guilty of your own actions that caused the grieving. Stop it. Forgive yourself. God has already forgiven you, so why are you hanging onto the old you? You are a new creature in Christ. You are loved more than you know. You have been given power from on high to walk in victory. You have supernatural power in Jesus' name to overcome and to stay overcoming. You possess the power to get up. You no longer have to hurt. You are free in Jesus' name!

Prayer:

Father forgive me for not forgiving myself. If you can forgive me when I've wronged you, by what rights do I have to not forgive myself? So right now I choose to forgive myself for not making the right decisions – and in this very moment I know that you have forgiven me, but let me feel it. I release all the hurt, pain, offenses, and even the emotions attached to them. You are such a Great, Big, Wonderful God! And I thank you for loving the pain out of me!!!

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